

## HEALTH HISTORY GUIDELINES



Please use this form as a basic guide to determine whether you should complete and submit your application to join Gift of Life's registry. You must be between the ages of 18-60 and in general good health. Your enrollment form will be reviewed by Gift of Life staff after the drive to determine your acceptability to register as a potential donor. If your application is not accepted, you will be notified.

Accepted	Temporarily for donation (can be tested today):	Deferred
<ul style="list-style-type: none"> <li>• Allergies</li> <li>• Arrhythmia (no symptoms or medications)</li> <li>• Asthma if exercise induced, no attack or emergency care in 5 years</li> <li>• Birth Control Pills</li> <li>• Cancer-localized skin cancer (basal or squamous cell)</li> <li>• Cancer – In situ (early stage) of breast, bladder, cervix</li> <li>• Epilepsy or seizures (not on medications, no episode within the last year)</li> <li>• Grave's Disease – if successfully treated</li> <li>• Hashimoto's Thyroiditis – if successfully treated</li> <li>• Hepatitis A (if fully recovered)</li> <li>• High Blood Pressure (controlled with medication)</li> <li>• Jaundice as a newborn</li> <li>• Jaundice with mononucleosis</li> <li>• Mitral valve prolapse (no restrictions to daily activities)</li> <li>• Mononucleosis (when recovered)</li> <li>• Exposure to Mononucleosis (feel well with no symptoms)</li> <li>• Osteopenia</li> <li>• Osteoporosis (on minimum medications and no fractures)</li> <li>• Pregnancy (but temporarily unavailable in registry)</li> <li>• Surgery (when normal physical activity resumed and fully recovered)</li> </ul>	<ul style="list-style-type: none"> <li>• Blood Transfusion (&lt; 12 months ago)</li> <li>• Gonorrhea (&lt; 12 months ago)</li> <li>• Syphilis (&lt; 12 months ago)</li> <li>• Tattoo (&lt; 12 months ago)</li> <li>• Ear or body part piercing or acupuncture (&lt; 12 months)</li> <li>• Malaria/residence in malarial area (&lt; 3 years ago)</li> <li>• Travel in malarial area (&lt; 12 months ago)</li> <li>• Diagnosis of malaria (if &lt; 3 years after becoming asymptomatic)</li> </ul>	<ul style="list-style-type: none"> <li>• AIDS, or positive test for HIV</li> <li>• Asthma if dependent on frequent inhaler or oral steroids treatment</li> <li>• Blood Pressure – if uncontrolled with or without medication</li> <li>• Cancer</li> <li>• Coronary artery bypass</li> <li>• Coronary artery disease (angina)</li> <li>• Diabetes – if uncontrolled or insulin dependent</li> <li>• Heart Attack</li> <li>• Hepatitis B and C (If a carrier of the disease or has chronic hepatitis)</li> <li>• History of anaphylactic reaction to Latex</li> <li>• Melanoma</li> <li>• Multiple sclerosis</li> <li>• Osteoporosis (moderate or severe)</li> <li>• Pacemaker</li> <li>• Rheumatoid Arthritis</li> <li>• Systemic Lupus Erythematosus (SLE)</li> </ul>